MANDAG

KL		FRIHEDEN IDR.CEN		Hvidovre IF Baner			AVEDØRE BANER						AVEDØRE SKOLE				Risbjerg			
		11 Mands	8 Mands	3	4	5	2	3	4	5	6	7	3 mands	3 mands	8 mands	11 mands	1	2	3	4
16:30	17:00			U13 A	U14 A	U10 - U12 dr	J15 A U16 A								U8 Piger	U9 / 10 Piger	U12 Piger	U5 / U6 Drenge		
17:00	17:30														U11 Piger					
17:30	18:00	U23																		
18:00	18:30			U15 dr	U14 dr		U17A U19A									U14 P				
18:30	19:00														Fitness Damer					
19:00	19:30																			
19:30	20:00																			
20:00	20:30																			
20:30	21:00																			
21:00	21:30																			
21:30	22:00																			

TIRSDAG

KL		FRIHEDEN IDR.CEN		Hvidovre IF Baner				AVEDØRE BANER						AVEDØRE SKOLE				Risbjerg			
		11 Mands	8 Mands	3	4		5	2	3	4	5	6	7	3 mands	3 mands	5 mands	11 mands		1	2	3	4
16:30	17:00			U13 A	U14 A	U13 dr	U10 - U12 dr	J15 A U16 A			U17A U19A			U8 dr			Ekstra træning U8 - U12 pige	U9 dr	U7 Drenge			
17:00	17:30																					
17:30	18:00	U23																				
18:00	18:30			U16 DR / U16 PIGE / KS																		
18:30	19:00																					
19:00	19:30																					
19:30	20:00																					
20:00	20:30																					
20:30	21:00																					
21:00	21:30																					
21:30	22:00																					

ONSDAG

KL		FRIHEDEN IDR.CEN		Hvidovre IF Baner			AVEDØRE BANER						AVEDØRE SKOLE				Risbjerg			
		11 Mands	8 Mands	3	4	5	2	3	4	5	6	7	3 mands	3 mands	8 mands	11 mands	1	2	3	4
16:30	17:00			U10 - U12 dr	kills U13 dr								U6 /U7 Piger		U8 Piger	U9 / 10 Piger	U12 Piger	U5 / U6 Drenge		
17:00	17:30														U11 Piger					
17:30	18:00											Ledig								
18:00	18:30			U15 dr	U14 dr											U14 P				
18:30	19:00														Fitness Damer					
19:00	19:30																			
19:30	20:00																			
20:00	20:30																			
20:30	21:00																			
21:00	21:30																			
21:30	22:00																			

TORSDAG

KL		FRIHEDEN IDR.CEN		Hvidovre IF Baner				AVEDØRE BANER						AVEDØRE SKOLE				Risbjerg			
		11 Mands	8 Mands	3	4		5	2	3	4	5	6	7	3 mands	3 mands	8 mands	11 mands		1	2	3	4
16:30	17:00			U13 A	U14 A	U13 Dr	Skills U14 -U15 dr	J15 A U16 A					U17A U19A			U8 dr		U9 dr	U7 Drenge			
17:00	17:30																					
17:30	18:00	U23																				
18:00	18:30			U16 DR / U16 PIGE / KS									Skills U14 -U15 dr									
18:30	19:00																					
19:00	19:30																					
19:30	20:00																					
20:00	20:30																					
20:30	21:00																					
21:00	21:30																					
21:30	22:00																					

FREDAG

KL		FRIHEDEN IDR.CEN		Hvidovre IF Baner			AVEDØRE BANER						AVEDØRE SKOLE				Risbjerg			
		11 Mands	8 Mands	3	4	5	2	3	4	5	6	7	3 mands	3 mands	8 mands	11 mands	1	2	3	4
16:00	16:30			U13 A	U10 - U12	U8 U9 Skills		U15 A	U16 A	U17 A	U19 A									
16:30	17:00																			
17:00	17:30																			
17:30	18:00			U23	U14 A															
18:00	18:30																			
18:30	19:00																			
19:00	19:30																			
19:30	20:00																			
20:00	20:30																			
20:30	21:00																			